



SURGERY INFORMATION

You have been booked for surgery so here is an overview of the information you will need to know. **NON-COMPLIANCE WILL RESULT IN YOUR SURGERY BEING CANCELLED.**

EATING AND DRINKING

As you are going to be under a general anaesthetic, it is essential that you stop eating and drinking by midnight the day before surgery. This includes not eating hard candy or chewing gum. If the surgery is scheduled for later in the day, the hospital may advise you to drink clear fluids in the morning.

MEDICATION

Blood thinners: It is important to inform your Urologist if you are taking blood thinners, so that it can be determined the best course of action prior to surgery. Examples of blood thinners are:

Warfarin, Coumadin, Plavix, Celebrex, Ticlid, Pradaxa, Eliquis, Ibuprofen, and Aspirin.

Diabetic drugs: Metformin and Glucophage are diabetic drugs that should be stopped the day before surgery.

Herbal supplements/vitamins: Stopped 7 days prior to surgery

Questions about medications, should be addressed with the Urologist to determine whether it is safe to take before surgery.

PRE-SURGICAL APPOINTMENTS AND BLOODWORK

Guelph Urology Associates will send the request to the hospital to book the Pre-Surgical or Anaesthetic Consult. Once we receive the information, we will contact you with details.

There are 1-2 forms that need to be completed prior to your appointments that you are to take with you to your appointments and/or hospital on the day of your surgery.

DRIVING

You will need a responsible adult, over the age of 18 to drive you home and stay with you for the 24 hour period after your surgery. If you do not have someone to pick you up from the hospital, surgery will be postponed until these arrangements can be made.

CHANGES TO SURGERY DATE/TIME

Occasionally, a surgery date/time may need to be changed to accommodate a higher-priority or emergency case. Our office will advise you of any changes to the original date and time provided.

PATIENT CANCELLATION OF SURGERY

If you wish to cancel surgery, you must provide a minimum of 2 weeks notice. If inadequate notice is provided, a \$150 cancellation fee may be applied.

SICKNESS ON THE DAY OF SURGERY

For a cough, the Anaesthesiologist will determine whether you are fit for surgery, so prepare to proceed as planned. If your cough is accompanied by fever and vomiting, then the surgery will be postponed.

CATHETER CARE

If a catheter is to be placed, the Urologist will discuss this with you when you book your surgery. Post-operative education will be provided as well as an option of home care service will be discussed. Some discomfort can occur but they are necessary to keep in for a specific time period to reduce complications.

RETURNING TO NORMAL ACTIVITIES

This is dependent on the type of surgery you are having and this should be discussed prior to surgery so that you know what to expect. If you have questions about activities, please call the office for clarification rather than risk injury.

FOLLOW-UP APPOINTMENTS IN OFFICE, POST-SURGERY

Guelph Urology will automatically book your follow-up appointment in the office after your surgery, as directed by the Urologist.